p.28 War’s Invisible Wounds
Two alumni authors share about the growing toll that PTSD is taking on soldiers and their families

p.30 Defend Your Faith
New apologetics professor Sean McDowell on the martyrdom of the apostles
The Biola Fund for Student Scholarships is our highest giving priority.

- President Barry H. Corey

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Over the past several years, thousands of our Biola alumni, parents and friends have made a tradition to pray and give annually to support student scholarships. Their commitment to help our students multiplies the assistance we provide. If you are one of our donors who has given for decades, thank you!

And if you are one of our donors who has given more recently in response to a call from one of our Biola Connect students, or a letter you received, or an email request, thank you!

If you haven’t taken the opportunity to make your gift to the Biola Fund this year, please join your peers and make that gift now. Any gift, large or small, shows your support for our students.
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14 The Forgotten Founder
Over the years, Biola’s fascinating first dean — once called “the father of Zionism” by a U.S. Supreme Court justice — has somehow disappeared from accounts of the university’s history. Here’s why William E. Blackstone deserves to be remembered.

18 The Good Advice Issue
Have you ever wished you could master the art of public speaking? Be a better storyteller? Make the perfect cup of coffee?

Well, you’re in luck. For our first-ever “Good Advice Issue,” we connected with dozens of fascinating alumni and professors and asked them to share tips from their areas of expertise. Inside, you’ll find some of the best lessons they’ve picked up over the years — something for just about everyone.

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A Little Help From Our Friends

One of the best parts of my job is getting to learn about your job.

Really. It’s inspiring to see the many ways that God is using Biola graduates for his purposes all around the world. As I get emails, or read through news articles, or browse the alumni directory, or talk with people face to face, I’m continually encouraged and impressed to see how Biolans are making a difference all across the spectrum of careers.

Take Wess Stafford (‘75), who recently retired after two decades as president of Compassion International. In June, I was excited to see Wess featured in a Christianity Today cover story that highlighted some significant new economic research on Compassion’s effectiveness at fighting global poverty.

Or there’s Marcus Brotherton (M.A. ’97), a gifted storyteller and writer who has had a hand in authoring more than two dozen books. One of his most recent, Still Lolo, was featured prominently on the Today show and other major news outlets late last year.

And, of course, there are thousands more, faithfully serving out their professional callings in business, ministry, education and media. People like Darlene Dueck (‘62), an art collection curator in Denver; Di Patterson (‘04), a consultant and speaker on “successful aging”; and Ernesto “Ranger Ernie” Ybarra (‘84), who helps people in the Los Angeles area experience the beauty of God’s creation.

For this issue of the magazine, we thought it would be fun to spotlight these and other interesting alumni in an out-of-the-ordinary way. Rather than write about them, we asked them to take us directly into their daily work worlds by sharing some of the wisdom and expertise they’ve picked up over the years.

The result is our first-ever “good advice issue,” which features practical knowledge and tips from a wide range of alumni and professors. Some of it is serious (“How to make your public speaking stick,” “How to discover true financial freedom”), and some is more fun and lighthearted (“How to brew the perfect cup of coffee”). But all of it, we hope, is interesting and useful to you in some way. (I, for one, came away inspired to pay a visit to a museum, be more intentional about “oral clarity” and pick up a jump rope more often.)

So, read on and soak up some good advice from your fellow Biolans. And if I can offer my own piece of advice (actually, more of a request): Let us know what you’re doing. We’d love to hear from you!
LEWIS AND DOCTRINE
I read with great interest the terrific articles on C. S. Lewis in the Summer 2013 Biola Magazine. Upon finishing the articles, I couldn’t help but think that Lewis’ status at Biola is quite strange: He is almost universally revered among Biola faculty, students and alumni. Yet — owing to his views of the Old Testament and purgatory — Lewis’ theology would likely have disqualified him from teaching at Biola. Similar remarks apply to such evangelical icons as John Stott (who accepted annihilationism) and N.T. Wright (no rapture theology there) — to say nothing of Catholic theologians like Thomas Aquinas. Inasmuch as Biola’s doctrinal statement would bar these heroes of the faith from Biola’s faculty, one has to wonder: Has Biola drawn its doctrinal lines in the right places? I do not pretend to have an answer to this question. But the question seems worthy of serious reflection.

Nathan King (M.A. ’01)
Spokane, Wash.

REQUIRED READING
I want to congratulate you on the excellent articles on C. S. Lewis. They are some of the best items I’ve read on any topic in the Biola Magazine. I will confess to being bored with many past issues. However, the article by Thaddeus Williams (“When Relevance Trumps Reverence,” Summer 2013) illustrates superbly the cancer spreading through churches and religious schools in our generation. This article should be required reading in every seminary and Bible college faculty, and denominational conference, that claims to believe the Bible.

Tom Imel (’67)
Lake Stevens, Wash.

MORE TO LOVE
I really enjoyed reading all “105 Reasons We Love Biola” (Spring 2013). It brought back many memories for me, like the Bell Tower, attending chapels, concerts and games in the Chase Gym, exploring Southern California, spending many days praying in Rose of Sharon Chapel, attending classes in Myers Hall where Talbot classes were held and living on campus (Sigma Chi, Alpha Chi and Hart Hall during the summer. Not to forget Zeta Chi before it got torn down). Those are the memories I will always hold dear to my heart. Thank you for making an effort to print all “105 Reasons We Love Biola.” Biola will be always part of my life. Do keep on preserving those special memories for future generations.

Jocelyn (Motas, M.A. ’88) Brunson
Hastings, Neb.


Ron Widman (’59)
Beaumont, Calif.

CORRECTIONS
An alumni news update in the Summer 2013 issue listed the wrong age for Al Patapoff (’47), who is 87. Those who wish to get in touch with him can do so at (562) 568-5000. A graphic with the article “Biola Makes National ‘Green’ List” should have stated that 85 percent of Biola’s energy comes from natural resources, not renewable resources. About 85 percent of electricity used at Biola is supplied by a cogeneration plant that burns natural gas.

Doranna Cooper (’55)
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Opinions should be a maximum of 200 words and include full name, city and state, and class year (if applicable). They may be edited for length and clarity.
Sunset at the Outset

Parents and students worship together during the annual Opening Weekend communion service at the start of the semester in August, backdropped by a glowing Calvary Chapel. Biola welcomed more than 1,800 new undergraduate and graduate students this fall, bringing enrollment to an all-time high of 6,323 students.
A Lesson from the Back of the Plane

This past academic year I was on a flight from Chicago to New York, seated in 29D. As I boarded the plane, I noticed a handful of Orthodox Jewish men, distinctive by their dress and beards. Just before the doors closed, a man boarded, looking hurried and disheveled. He too was an Orthodox Jew, and he took the last open seat, a middle seat beside me.

As soon as he sat down, he took out his cell phone and made a call. The flight attendant asked him to turn off the phone, as by now we were pushing back from the gate. He wasn’t done talking. A few minutes later he came by again and asked him to turn off the phone. He clicked a button that turned off the screen, but it kept the call going. He kept talking, hiding the phone behind his beard and fedora rim.

As we taxied toward the runway, the flight attendant sat down, oblivious that my neighbor was still on the phone, now speaking in hushed tones. I felt a peculiar urge to point out his indiscretion. So when I caught her eye, I made a hand motion. She jumped up and confronted him like an angry elementary school teacher would a troublemaker.

“Sir, this is the third time I told you to get off the phone! I will have the pilot return to the gate and the police will escort you off the plane if you don’t get off now.” As everyone turned to look, he shut off his phone, saying nothing. He looked over at me, and I sheepishly shrugged my shoulders as if to say, “Can you believe she saw you?”

Not long after we took off, he got up, squeezed into the galley kitchen across from my seat and proceeded to open his pouch for a prayer ritual. He wrapped on his phylacteries and prayed for the next 10 minutes or so. He seemed to do everything just right, from the band on his arm to the Scriptures on his forehead to kissing the shawl to gently nodding throughout.

When he finished, he returned to his seat and began reading a Hebrew text. Not long before we landed, I couldn’t hold my curiosity anymore. “Excuse me, sir. May I ask you a question?” He looked up.

“You know, I’m not religious like you are,” I began. Which is true. I’m religious, but not like that. I continued. “I’m not being condemning or anything, but I find it a bit ironic how careful you were to obey all of the rules when you prayed but didn’t seem to care about the FAA rules the flight attendant was trying to enforce. How do you reconcile obeying religious rules but not safety rules?”

He quickly replied, “I turned off the phone when she told me to.” But it hadn’t happened that way. I wished he’d said, “You’re right. I should have gotten off the phone sooner. I’ll apologize to the flight attendant.” Instead he saw no dichotomy between his religious actions and his in-flight decisions.

Once his defenses relaxed, he went on to tell me about the 613 Levitical laws he tries to follow. Our conversation continued about law and freedom and what God had in mind with the laws. He picked up quickly that I was more religious than I had at first led him to believe. We kept talking until we separated in the LaGuardia terminal. He ceded little.

As I’ve thought about my neighbor in seat 29E, the story has become far more about me and us than about him. This story is not meant to stereotype the Jewish man next to me. It’s to point the lesson back at me.

The first thing I said was, “I’m not religious like you are.” But that’s not completely true. I am a “religious man.” Maybe it’s not obvious by what I wear, but it is by what I do. People watch to see if my life as a religious man — a disciple of Jesus — is consistent, whether I’m doing the religious thing or not. And if it’s not real in what they see, they don’t want it.

And the truth is, we are a religious university. And just as I watched the man with the fedora, we are also being watched. Our position on biblical truth means people and culture see us wearing a phylactery. If that man in seat 29E had been unremarkable, I probably wouldn’t have said anything about his disrespecting the flight attendant. But because of his appearance, I watched to see if his actions were consistent with the faith he was proclaiming.

We are being scrutinized more than ever as a major Christian university within a culture that may see us as out of step because of our values. We must be even more diligent to love liberally as we live out our faith. We need to model what it means to be winsome voices of conviction without a hint of hypocrisy. May we be known as a place where our center is firm, our edges are soft, our faith is lived out consistently and our posture is humble. May we be willing to acknowledge our mistakes. As a university grounded in biblical integration and steeped in a reasoned faith, anything that seems inconsistent is not only a bad witness, it’s a violation of our understanding of God’s truth mattering in all we do.

More than ever, people are watching us. We must stay the course as a university arcing toward grace and truth, and to be a bright light at that.

Barry H. Corey is the eighth president of Biola University. Visit his office online at www.biola.edu/president, on Facebook at facebook.com/presidentcorey and on Twitter at twitter.com/presidentcorey.
Biola University has again been named one of America’s best colleges, earning high marks this fall on several annual college-ranking lists.

In September, U.S. News and World Report’s Best Colleges 2014 guide ranked Biola in the first tier of its “best national universities” list — a category that consists of 281 institutions that “offer a wide range of undergraduate majors as well as master’s and doctoral degrees.” This year, Biola was ranked at No. 177 overall, one of only two national universities in the Council for Christian Colleges & Universities (CCCU) to be included in the first tier.

Biola was also included for the first time on The Princeton Review’s “2014 Best Colleges: Region by Region” list, an honor given in August to the top 25 percent of universities in each region of the country. The 124 colleges on the “Best in the West” list — located in 15 states — were selected based on academic reputations and student recommendations. Students quoted in Biola’s school profile noted the school’s rich Christian culture, biblical values and knowledgeable and passionate professors.

“My school has positively impacted my character, awareness of issues in society, relationships, and encouraged the formation of my own unique worldview in more ways than I could have imagined,” one student wrote.

Also in August, The Chronicle of Higher Education reported that Biola was sixth on the list of the nation’s fastest-growing private research universities from 2001 to 2011. The Chronicle also named Biola one of the nation’s 97 “Best Colleges to Work For” for a second year in a row — a distinction given as a result of employee surveys.

Meanwhile, the website Rate My Professors (ratemyprofessors.com) ranked Biola at No. 24 on the list of the nation’s top 25 universities — a list that also includes such schools as Duke, Vanderbilt, Penn State, Stanford and UCLA. The annual list, released in September, is based on student feedback about their professors and overall school quality.

And while not exactly a ranking system, Biola was also recently included on the brief list of “Schools Worth Attending” in the book Is College Worth It? by former United States Secretary of Education William Bennett. Biola was one of seven religious schools to appear on the list, which specifically highlighted the value of Biola’s Torrey Honors Institute and cinema and media arts program.
A Spate of the Arts
Biola Launches Center for Christianity, Culture and the Arts

On Sept. 20, Biola celebrated the official launch of its new Center for Christianity, Culture and the Arts (CCCA), with the unveiling of the brand new Earl and Virginia Green Art Gallery (named in honor of Roberta Green Ahmanson’s parents), as well as a jazz concert on Metzger Lawn featuring legendary jazz musicians such as Alex Acuña and Abe Laboriel. The CCCA, which was created with a grant from Fieldstead and Company, aims to create opportunities for thoughtful reflection on the interplay of Christian faith, the larger culture and the world of the arts. For more information about CCCA and to peruse its collection of resources and event listings, visit ccca.biola.edu.

WHAT WILL THE CCCA DO?
The core components of the work of the CCCA

Educational and Networking Events: Through annual symposia, lectures, seminars, field trips, workshops and conferences, the CCCA brings together culture makers and strategic thinkers from the academy, the art world and various Christian communities to dialog and discuss intersections of the arts and faith.

Fine and Performing Arts Events: With the intention to appeal to a broad spectrum of audiences, the CCCA sponsors fine and performing arts events both on and off campus, including concerts, film screenings, book and poetry readings, theatrical events and gallery exhibitions.

Visionary-in-Residence Program: The CCCA invites a high-profile thinker, innovator or practitioner to Biola’s campus each academic semester to serve as visionary in residence. This person will work with students, staff and faculty across the disciplines toward the end of thinking about and practicing art from a distinctly Christian perspective.

Resources: The CCCA provides valuable and accessible resources for anyone interested in the integration of Christianity, culture and the arts. At ccca.biola.edu, the CCCA will share free content that includes essays, reviews, photography, videos and archived performances and lectures.

Transdisciplinary Collaboration: The CCCA will facilitate collaboration among a wide variety of disciplines across Biola’s campus, with the goal of cultivating perspectives that lead to a more robust understanding of what it means to be a cultured Christian.

Summer Institutes: The CCCA Summer Institute annually brings to Biola’s campus artists and scholars eager to explore issues, readings and artistic pursuits with leading Christian creatives. One of the principal goals of the institute is to facilitate a stimulating environment from which essays, books and works of art will be generated.

Performance and Exhibition of New Works: The CCCA is committed to the performance and exhibition of new works of art. It is by supporting and encouraging the most accomplished contemporary artists of faith that the legacy of Christian contributions to the arts will continue to flourish.
Talbot Prayer Chapel Impresses Design Community

“Awards, acclaim pour in for Biola’s unique sacred space

Hidden away in the lower level of the newest building on Biola’s campus, Talbot East, is a room you have to know you are looking for. But once you find the somewhat hidden door off the Haqq Plaza and find your way into the Fred and Ruth Waugh Prayer Chapel, you’re transported to a beautiful, quiet space that feels far removed from the world outside.

The chapel has quickly become the epitome of “sacred space” on campus and has also received widespread praise in the worlds of architecture and interior design.

In December 2012, the chapel was honored by Interior Design magazine in its “best of the year” issue, which honored architects and designers in 45 project categories and 52 product categories. The chapel was one of four spaces honored in the “Institutional: Religious” category.

In May 2013, the chapel also won a Calibre Award in the “Public Facilities & Education” category from the Southern California chapter of the International Interior Design Association (IIDA). Biola’s chapel beat out other impressive nominees in its category, including John Wayne Airport, the Saddleback College Library and the student recreation center at California State University, Northridge.

Featuring a wavy ceiling made of reclaimed cedar and olive wood (from Biola’s own olive trees), unique carpeting reminiscent of a Bedouin tent and colored art “stained glass” squares, the chapel evokes the context of ancient Israel and carries the motif of prayers spoken from the depths, such as those of Jonah inside the belly of a great fish. Psalm 130:1 (“Out of the depths I cry to you, Lord”) is painted on the wall in Hebrew and English at the entrance alcove to the chapel.

In addition to its awards, the chapel was also recently featured on Dezeen magazine’s website and on Behance, a popular design website that offered this description:

“A sole source of light from above splits an undulated wood ceiling illuminating the windowless space. Cornerless, tooled walls complete a sense of cloistered focus. Every surface, floor, wall and ceiling is composed of natural materials, worked by hand, emphasizing craft, setting apart the space from the prefabricated assemblies of the host classroom building. The result is a remarkable example of craftsmanship and collaboration between artisan and architect.”

Designed by architectural firm Gensler, the chapel was a passion project for the late Ken Bascom, Biola’s former senior director of facilities planning and construction, who hoped it would be “a set-apart space that would feel very removed from the modern world, and very timeless in its themes and materials.”

Bascom, who died less than nine months after the chapel’s October 2011 dedication, handpicked the three Bible verses that adorn the entrance alcove: (the aforementioned) Psalm 130:1, Psalm 100:4–6 (“Enter his gates with thanksgiving …”) and over the door of the exit, Jude 1:24–25 (“Now to him who is able to keep you from stumbling …”).

The chapel is open 24 hours a day to the Biola community.

-Brett McCracken

“In the old days of traditional media — and I’m talking way back, like six or seven years ago — if you wanted to get in front of an audience, you had to get past the gatekeepers. … But social media has changed all of that. It’s made it possible for the first time in history for mere mortals, people like us, to connect with our own audience: people who give us the permission to speak into their lives and to lead them. … That wasn’t possible until recently. It’s a gift for us as Christians.”

Biola Supporters Set Giving Record for Second Straight Year

For the second year in a row, Biola University’s supporters made history by setting records for total giving in a single fiscal year. In the 2012–13 year, $30.3 million was committed to the university, funding such areas as student scholarships, faculty research, science and athletics programs, enhanced technology, the Biola University Center for Christian Thought, and the Center for Christianity, Culture and the Arts.

The record-setting year of giving follows another record-setting year in 2011–12, when donors gave $26 million to the university.

“We are overwhelmed by God’s abundant provision toward the mission of Biola University this past year,” said Adam Morris, vice president of university advancement, who thanked the thousands of alumni, parents, friends of the university and even current students who give sacrificially to Biola.

“Thousands have made gifts year after year after year. Their ongoing support is proof of the love they have for Biola’s work and the fact that Biolans do indeed give back.”

The $30.3 million raised this year represented $12.2 million in current gifts and $18.1 million in deferred gifts. There were eight gifts of more than $1 million, and the 10 largest gifts totalled $20 million.

The 17 percent increase in gifts from last year’s record-setting year was aided in part by a rise in alumni giving, said Morris. Last year there were 6,469 gifts made by alumni, up from 6,242 the previous year.

Morris said the uptick in donations is crucial as Biola strives to carry out its aspirations in the University Plan (biola.edu/plan), including the aspiration to keep Biola affordable for all students.

“Our supporters demonstrated their commitment to Biola with gifts to the Biola Fund for current scholarships, gifts to Biola’s endowment to secure opportunities for future students, gifts to fund our Bible-centered academic programs and gifts to fund scholarly research and academic centers — all of which supports the aspirations outlined in the recently launched University Plan,” he said.

To learn more or to make a donation to Biola, visit giving.biola.edu or call (800) 632-4652.
Get to Know

Julie Neiggemann, mentor in medicine and ministry

Julie Neiggemann views people as whole beings — mind, heart, body, and soul — and cares for people with her whole self. As a former pediatric and adult oncology nurse, Julie is no stranger to caring for people who are braving difficult, and sometimes terrifying, situations.

“I loved being able to come alongside oncology patients and have conversations with them about what was going on in their hearts and spirits, in addition to their physical battle with cancer,” said Neiggemann, an assistant professor of nursing at Biola since 2011. “I was inspired by my patients and their ability to see life in a special way.”

Now Neiggemann is using her past experience to help train future caregivers. After earning a bachelor’s degree in nursing from Biola and a master’s degree in nursing from California State University Dominguez Hills, she never suspected she’d end up teaching at her alma mater. But after working with cancer patients and teen moms, she decided that investing in students was the best way to impact the future of nursing.

Here’s your chance to get to know her.

Caring Counselor
While she was teaching as an adjunct clinical instructor at Biola, Neiggemann worked at a pregnancy care center, where she counseled women against having abortions and helped them find support and care.

Nature Enthusiast
Neiggemann loves retreats to the countryside. She grew up on an old almond tree orchard, and enjoys the beauty and stillness of rural areas.

Football Fanatic
Neiggemann is a football enthusiast, but doesn’t root for any particular team. It is the things that come along with football — autumn, chilly weather, food and community — that cause her to enjoy the sport.

Mistaken Identity
Neiggemann is an identical twin. Friends and students regularly get the two sisters confused, as Neiggemann’s sister also lives in the La Mirada area. She said it is common for students to see her sister off campus and wonder why their professor didn’t recognize them.

First Responder
Neiggemann helped coordinate an emergency response team made up of medical and law enforcement personnel for Grace Evangelical Free Church in La Mirada. The team runs monthly emergency drills during the church service.

World Traveler
While still in college, Neiggemann traveled to the Czech Republic, Romania and Rwanda on short-term mission trips. During her trips, Julie taught English to orphans and used her medical expertise to care for the sick.
In 1936, my grandfather Paul W. Rood, who was Biola’s president in the midst of a deep national depression, chose to celebrate Biola’s heritage with a special commemoration of Reuben A. Torrey. This commemoration involved the establishment of the annual “Torrey Memorial Bible Conference” and the ceremonial unveiling of a large bronze plaque honoring the service of R.A. Torrey, a giant figure of Biola’s founding era.

Unfortunately, the plaque included the statement “Biola’s first Dean.”

At the time, many old-timers commented, “That’s not correct, William Blackstone was the first dean!” Written communication subsequently corrected this error, but the bronze plaque remains unaltered. Thus, nearly everyone today is unaware that William Blackstone, not R.A. Torrey, was Biola’s first dean.

But who was William Blackstone? It turns out that this “forgotten founder” of Biola has a fascinating story and a legacy of fruitful ministry, global adventure and historic impact.

“The Father of Zionism”

William E. Blackstone (1841-1935) was a successful Chicago businessman who at midlife followed Jesus’ advice to the rich young ruler, literally giving away all — including his savings and a luxurious home — to devote himself fully to a life of Bible teaching, global evangelism and writing.

WEB (as he referred to himself) belonged to a prayer group of Chicago businessmen who financially supported the start of Moody Bible Institute in the 1880s. He came to the attention of Biola founder Lyman Stewart following the publication of his widely read prophetic book *Jesus is Coming* (1878), which sold millions of copies and was translated into more than 40 languages. He founded the first mission for Jewish evangelism in America, the Chicago Hebrew Mission, in 1887, and in 1888 he took a nine-month trip to the Holy Land that would change the direction of his life and greatly influence the modern history of the Jewish people and the Middle East. While there, he witnessed great throngs of suffering Jews who had recently been expelled from Russia, and was moved to support humanitarian efforts to resettle Jewish refugees in their ancient homeland.

WEB’s concern was so great that in 1890 he held a “Conference of Christians and Jews on the Past, Present and Future of Israel,” attended by many of America’s most prominent Christian and Jewish religious leaders. The following year he issued “A Proclamation for a Homeland for Persecuted Russian Jews in Palestine,” which was signed by over 400 of America’s leading politicians and religious leaders and presented to U.S. President Benjamin Harrison and other heads of state.

Blackstone advocated a brand of Zionism that would carefully work to foster cooperation between Jews and Arabs to benefit all of the inhabitants of the region. He was aware of the potential for conflict and hoped that with good will and compassion, compromise would lead to blessing for all.

Biola’s first dean sold millions of books, led evangelism efforts around the world and was named “the father of Zionism” by a Supreme Court justice. Today, he has all but vanished from accounts of the university’s history. Here is why William E. Blackstone deserves to be remembered.

by PAUL ROOD
Twenty-five years later, Supreme Court Justice Louis Brandeis called Blackstone “the father of Zionism,” and asked him to reissue his 1891 petition — known as the “Blackstone Memorial” — to President Wilson because it was, in his view, the best expression of humanitarian compassion toward the persecuted Jewish refugees and their human rights claims for a secure national homeland.

Today, Blackstone’s deep compassion for the Jewish people is commemorated in Jerusalem in the “Blackstone Grove” in the Jewish National Forest. The Israel State Archive holds a Hebrew Bible given by Blackstone to Theodore Herzl, the founder of Zionism. In it, Blackstone had marked for Herzl’s reference all the passages concerning the future fulfillment of the spiritual promises and blessings a restored Israel would experience in their own homeland when they recognize their Messiah.

Blackstone’s Biola Years

After relocating to Los Angeles in 1902, WEB began his long partnership with Lyman Stewart. On Feb. 25, 1908, WEB was among the small group of evangelical leaders in Los Angeles who met together in a prayer meeting for the founding of Biola. WEB served as a founding trustee, officer and dean of the educational program. The practical ministry programs of Biola were already significant, with street evangelism, rescue missions and urban ministries to dockworkers, homeless, factory workers and the Hispanic and Jewish communities. The educational program was relatively simple: Bible instruction, practical Christian worker training and basic Christian doctrine.

WEB gave special attention to the development of a “Jewish Department” and taught a weekly missions course to train “colporteurs” and “witnessing bands” to serve Los Angeles and the wider world as “direct ambassadors of the Gospel message of salvation to doomed humanity.”

From late 1909 to early 1914, WEB was stationed as the special representative of Biola and the Lyman and Milton Stewart World Evangelization Trust in China, posting generally in the cities of Nanking, Kuling and Shanghai. During these years, WEB traveled widely throughout China, Korea, Burma, India, Persia, Mesopotamia, Palestine, Egypt, Turkey and Eastern Europe, where he identified and paid for many young indigenous Christian leaders to come to Biola for training in gospel work to bring back to their home countries.

WEB also served as Biola’s liaison to the evangelical “faith” missions, helping to establish Biola graduates as missionaries and Bible Institute teachers in the foreign fields. One of his projects involved the translation and printing of Scripture portions and the distribution by trained “witnessing bands” into every village and home in two inland provinces of China: Hunan and Kiangsi. Out of this project, under the leadership of veteran missionary Frank Keller, the Hunan Bible Institute was started, a Biola sister institution in interior China.

In 1912, while WEB was stationed overseas, Stewart recruited the prominent evangelist and educator R.A. Torrey to become Biola’s dean, with responsibilities over an expanding program of training that would be incorporated into the magnificent new Bible Institute building currently under construction. When WEB returned from China in 1914, he continued to serve as an active trustee, helping Biola through many of its early challenges. He also served as a member of the governing “Society” that elected the trustees and had sole authority over the bylaws and articles of incorporation.

For the following two decades, WEB served as the trustee of the Stewart Evangelization Trust, determining how assets would best be invested for global Scripture translation and distribution, the establishment of local Bible training schools, and support of missionaries primarily to the unreached Asians, Muslims and Jews.

At the time of his death in 1935, WEB was the patriarch of a large multigenerational family of committed Christians, including those serving on the mission fields of China. He is remembered for his devotion to God’s people Israel, his longing for Jesus’ return and for his deep humility.

And though his name has not been as prominent in Biola’s memory as it ought to have been, I am sure he wouldn’t mind, for he deferred all acclaim and frequently closed his letters with the statement, “I am but an errand boy for Jesus.” But what joy he found in running these errands!

"At midlife he followed Jesus’ advice to the rich young ruler, literally giving away all — including his savings and a luxurious home — to devote himself fully to a life of Bible teaching, global evangelism and writing."

Paul Rood, a retired corporate executive and lecturer in politics and economics at Biola, is currently writing a comprehensive biography of Lyman Stewart, founder of Biola and the Union Oil Company. Rood’s grandfather, Paul W. Rood, served as Biola’s third president from 1935 to 1938. In the course of his research, he has presented papers and published articles on other figures who played a prominent role in the founding era of Biola.
Twenty-one alumni and professors offer practical wisdom from their areas of expertise.
I WRITE BOOKS FOR A LIVING — sometimes my own, sometimes in collaboration with high-profile public figures. The genre I love best is narrative nonfiction: real life accounts told with imagery, action and poignancy. To tell a great story, use this framework.

1 INTRODUCE A WORTHY HERO WITH A MASSIVE GOAL.
A main character must attempt the impossible, desire the unattainable, resist the forbidden or overcome the disastrous. In the book I wrote with fashion journalist Lauren Scruggs, a short flight to look at Christmas lights turned into a nightmare when she was struck by the plane’s still-spinning propeller. Lauren was rushed to the hospital, fighting for her life. She lost a hand and an eye, and some thought this would be the end of everything for her, a beautiful young woman working in an industry focused on appearance. Lauren’s big goal became to press forward nonetheless, even after life had hit her hard.

2 PLUNGE THE HERO INTO CHAOS, FORCE THE HERO TO FIGHT FREE.
A story must bristle with tension. Readers must continually hope or fear that something vital and necessary will or won’t happen. In my book with Alabama restaurateur Martha Hawkins, the first half of her life was filled with heartbreaking, including poverty, encounters with racism, a lack of education, divorce, the struggles of single motherhood and finally a severe assault that led to an emotional breakdown. Inside a state mental hospital, with everything its bleakest, Martha found a Gideon’s Bible. God’s Word provided new strength, and Martha battled upward to reach her goal.

3 SHOW HOW THE HERO OVERCOMES.
By story’s end, tension needs to be released. A hero’s goal must be met, although perhaps in a surprising way. Darrell Powers was a soft-spoken machinist from Clinchco, Va., who never dreamed of doing great things. He fought in World War II with an elite company of soldiers and ended up becoming known the world over for his bravery, skill and humility. His story resolves by showing an example of a life well lived, of an ordinary man who lived extraordinarily. It’s a call for us to do the same.

Marcus Brotherton (M.A. ’97) has authored or coauthored more than 25 books, including Still Lolo, Finding Martha’s Place and Shifty’s War. Read Marcus’ blog at marcusbrotherton.com
Becky Baker ('70) loves to make people laugh. As a comedian, a motivational speaker with seminars such as “Laughter, God’s Best Medicine,” and one-half of The Bessie & Beulah Comedy Show — with comedic partner Katie Blackburn ('75) — Baker has traveled the country bringing wit and wisdom to audiences as diverse as Boeing, Kaiser Permanente and Chevrolet. Humor has also come in handy in her 30-plus years in the high school classroom; as a teacher, she’s won awards such as Disney Teacher of the Year and UCSD Teacher of the Year. Here, she answers some questions about what it takes to be funny.

You’ve had a really diverse career — teacher, missionary, actress, motivational speaker, author. What led you to add “professional comedian” to the mix?

Obviously, the money! I mean, when was the last time you saw a rich teacher or missionary?

Where do you find inspiration for your material?

Lots of people-watching, reading and watching the news, and stealing like crazy from Jay Leno!

Not that this has ever happened to you, but for the rest of us, what’s the best thing for a speaker to do when a joke falls flat?

You’re right. It’s never happened.

Why is it good for us to laugh?

It’s cheaper than therapy and a lot less painful than a brain tumor.

Does God have a sense of humor?

He created us, didn’t he?

Last thoughts?

Being a missionary kid, yo hablo un poco español. So I am very excited about the new Spanish version coming out of those criminal investigative shows. They’re calling it CSI–I–I.

So, you have a great business concept, idea or initiative you want people to know about. You want a quick visual hit so people can see who you are and what you are all about. You probably want a logo. Something to put on a website, business card or T-shirt. But how do you capture everything you want to say in one simple little mark? Where do you start? The following guide is a quick way to begin building a logo. Keep in mind that a logo, while simple, has many elements and layers to make it successful. Often the simplest logos take a while to figure out.

1. Know that your logo is not a brand. (In other words, figure out your brand first.)

You should know these three questions regarding your idea: (1) Who are you? (2) What makes you different? (3) Why does that matter? The sooner you know the answers to these questions, the easier it is to know how your idea can stand out from so many competing ideas. Take this idea and boil it down to a simple mission statement. Then think about what concepts represent your idea, such as a big teddy bear for a honey business, a funny name typeset in a clever way (a la Amazon), or the signature of the man representing a company based on imagination (Disney). A good brand and logo should be felt: People should get it and connect with it right away.

2. Know who you are talking to.

If your idea is targeted at a certain group of people, you may want to take into consideration how they will respond to your logo when you are not around to talk about it. What symbol or concept best expresses your idea to the people you are trying to reach? How does the logo look big? Small? In black and white? Online? In a magazine? How will it reproduce on multiple platforms? Will people get it and understand what you are trying to say to them?

3. Know your style.

Are you serious? Casual? Fun? Figure out your tone, your mood. Study other company logos. What do you like about them? What makes you think they are effective, and why? Keep a Pinterest board or notebook of ideas and see if it makes sense with the ideas you mapped out in steps 1 and 2.

4. Create your logo.

This should be the easy part, right? Building from the steps above, you can have Uncle Ned, who just learned Photoshop, design something. Or you can crowdsource it to people who will give you a lot of options but really have no idea who you are or what you are about, and you can’t go back and forth or meet in person. Or you can wing it yourself and try to find clip art and some “cool” typeface to get across what you want. Let’s pretend, though, that getting your logo is like fixing a pipe in your house; there may be ways to fix the leak that you learned on YouTube or from watching a friend a long time ago, but maybe it’s time to think about hiring someone who does this as their profession.
5. Hire a designer. They should have a portfolio of logos with a wide range of styles. They should have good references. Most importantly, though, is that you should connect and feel like they really understand who you are and what you are trying to say visually. By communicating to them all the steps above, they should be able to help you design an effective logo that does exactly what you want and says all the right things when you are not around to explain your idea. For information on finding a designer, visit www.aiga.org/how-to-hire-a-designer.

Charles Carpenter (’92) is co-founder of Wigwam Creative Inc. in Denver, Colo. Find him online at wigwamcreative.com.

4. Art preserves history. View each artwork as a moment in history — a moment that was important enough that an artist captured it, knowing it would vanish quickly. Try to enter into that place and time.

5. If you go for a special exhibition, focus on just that exhibition and don’t try to see everything else at the museum. Your mind can get overwhelmed if you try to see too much.

6. Try to view art chronologically, so the context of its place in the narrative of art history makes sense.

7. Try to see what the artist was seeing. What was the artist trying to convey?

8. Do a little Googling and background research beforehand. Know why a painter painted something, what he or she was doing when they painted, and who influenced them.

Dartene (Ehmann, ’62) Dueck is curator of the American Museum of Western Art – The Anschutz Collection (anschutzcollection.org) in Denver, Colo. The collection of paintings she oversees surveys the history of the development of American Art as it pertains to the West and provides examples from all of the schools that contributed to that development.

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Charles Carpenter (’92) is co-founder of Wigwam Creative Inc. in Denver, Colo. Find him online at wigwamcreative.com.

1. Go in with an open mind and a heart to learn. Be willing to have your mind changed about something you already have an opinion about.

2. Read the information on the wall next to the artwork, or listen to the docent if you’re on a guided tour.

3. Let your imagination loose. View the artwork until you feel like it’s part of you.

6. Don’t forget the snacks. Pack energy bars, banana, orange, grapes, nuts or whatever it is that you like. I like making peanut-butter-and-honey sandwiches. They’re full of energy.

7. Always reward yourself. When you’re finished, go to your favorite restaurant or ice cream place.

8. Thank God for everything. Thank God for someone to hike with, a plan to hike, that no one gets hurt, the location. Thank God for giving you the money for the proper equipment. Thank God for the water and the hydration pack. Thank God for the fruit. Have a thankful heart.

Ernesto Ybarra (’84), known as “Ranger Ernie” to his Facebook fans and fellow hikers, has served as a park ranger for the city of Los Angeles for 23 years. His favorite hike locations include the High Sierras, Mammoth, Griffith Park, San Gabriel Mountains and Garcia Trail.
1. **Stop doing long cardio.**
   If you can read a book, have a conversation or watch TV while you are exercising, then you will never see the change you want to see. Get out of breath! Get that heart rate up! Get sweaty! Short bursts of exercise known as HIIT (high-intensity interval training) are better than long, slow cardio.

2. **Jump rope.**
   Six minutes of jumping rope burns about the same amount of calories as jogging for 30 minutes. Plus, it’s easier on the body since you land on the balls of your feet.

3. **Do burpees.**
   This is the most complete exercise move you can do. Talk about time efficient — this move gets everything fast!

4. **Commit to a group.**
   Boot camps are everywhere. They are a less expensive option than personal one-on-one training. Plus, the camaraderie and accountability not only provide fun, friendship and consistency, but also a competitive edge to push you beyond your limits. Most boot camps have as their base bodyweight exercises (squats, pushups, burpees, etc.). These are functional moves that will keep you strong as you age. Don’t be afraid: No one will be looking at you. They are just trying to get through it themselves.

5. **Stop doing sit-ups.**
   These are the most ridiculous exercises of all time. Jump rope, do mountain climbers or do other full-body exercises that work more than one muscle group at a time. You burn way more calories.

6. **Diet is everything.**
   You can exercise until you’re blue in the face (or in most cases red!), but if you aren’t eating right, you will never get the body you are trying to achieve, even though you may get stronger. Remember: You can’t out-exercise a bad diet. Put that on your fridge!

7. **Eat real food.**
   If it comes in a package, it’s processed. Bread, cookies, crackers, etc., are rare treats. Or eliminate them altogether. So what’s left? Veggies, meat, fish, fruits, nuts, coconut oil, avocados and eggs! If your great grandparents ate it, it’s probably OK.

8. **Eliminate sugar.**
   This is a hard one to beat but once you do an apple will taste better than you could ever imagine.

9. **Eliminate “diet drinks.”**
   Diet sodas mess with your insulin. Instead, drink green tea, water or flavored infused waters. Stay away from juices. They may seem healthy but they are full of sugar.

10. **Make one change a week.**
    — either diet- or exercise-related. Be specific. Don’t say, “I’m going to exercise more.” Rather, say, “This week, I’ll do two days of interval training and two days of weight lifting.” Rather than make a drastic change in your diet, eliminate one poor food choice a week. For instance, don’t say, “No carbs this week.” Rather, say, “I’ll stay away from bread all week but have a great piece of toast on Saturday morning.” Just one little change at a time adds up to many changes that will help to create a healthier you.

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**Marilyn Chalmers** (’81) has been in the fitness business for over 15 years and opened Chalmers Fitness in Lafayette, Calif., in 2009. Marilyn and her husband of 30 years, Don (’80, M.Div. ’83), work together to get men and women in the best shape of their lives. Visit their website: www.chalmersfitnessusa.com
Since the day I graduated from Biola, I’ve had a single focus in life — ministry to children in poverty. No one argues that children worldwide are the poorest of the poor. But they also pay the greatest price. All the ills of society land on children, its weakest, most vulnerable citizens. Children are truly the “least of these.” That’s why they became my passion. I wrote *Too Small to Ignore* for them. I wanted to awaken the church and call for a paradigm shift in our priorities and strategies. In the upside-down kingdom of God, the first are last. The weak are strong. The poor are rich. And one trumpet blast from now, we’ll realize the little are big! Children deserve our best.

In my 36 years with Compassion International, 20 of them as president, I’ve witnessed poverty’s ugly war on children. Its destruction is beyond attacks on health, housing, water and economics. It’s deeper than that. Poverty’s deepest damage is done in a child’s heart. Poverty destroys hope. It extinguishes the sparkle in a child’s eye, a child made in the image of God. It hisses lies in impressionable ears. “You don’t matter. Nobody cares. Nothing will ever change. Give up!” Allow that message to go unchecked and children move from struggle to apathy and ultimately to fatalism — a living death sentence.

At Compassion, we fight for a child’s spirit. We rush in with the love of a local church, the power of the gospel and a different set of messages. “You do matter! God knows the hairs on your head and the pattern of your fingerprints. The God who created you is the God who loves you. And he’s the God who died for you too.”

The gospel lived out is the counterforce to hell’s destructive power. It rescues and restores a child in Jesus’ name. And it’s enhanced when Compassion adds the engagement of a faithful sponsor, who prays, writes letters of encouragement, admires every picture, and cheers every report card. So far, 1 million children have come through Compassion’s program over its 60-year history and the results are in. Recently Compassion opened its doors to rigorous, external empirical research by a team from the University of San Francisco under the leadership of Bruce Wydick, professor of economics and international studies. After two years of extensive research and 10,000 research data points in six developing countries, the findings are profound. The prestigious *Journal of Political Economy* reported “large and statistically significant impacts” in the educational, employment and leadership outcomes of adults who were part of Compassion’s holistic child development program.

According to the research, Compassion graduates were:

- 27 to 40 percent more likely to finish high school.
- 50 to 80 percent more likely to graduate from college.
- 35 percent more likely to secure white-collar employment.
- 63 percent more likely to become teachers.
- 30 to 75 percent more likely to become community leaders.
- 40 to 70 percent more likely to become church leaders.

In short, Compassion sponsorship works. The “least of these” are living into their God-given potential. How to help a child in need? Well, join us!

**Wess Stafford (’75)** retired in September from his position as president and CEO of Compassion International. During his 20 years of leadership, the ministry grew from about 180,000 sponsored children in 22 countries in 1993 to more than 1.4 million children in 26 countries today.
Christian Koons (’12) spent much of the last year on tour as a guitarist for the up-and-coming indie band Cayucas, playing famed venues like San Francisco’s Fillmore and Seattle’s Neptune Theater, as well as festivals like South by Southwest. In early 2013, he went on a European tour with the band, and in June and July he played 30 cities in the United States over the course of six weeks. Here, he shares some tips on how he survived “on the road.”

1. Don’t expect to have time to sightsee.
We played a show in Paris but I couldn’t tell you one thing about Paris. We were there for 12 hours total. Six of those were at the show and the other six we were sleeping.

2. Find good coffee.
Whatever city we’d wake up in, we’d usually try to find good coffee that wasn’t Starbucks.

3. Know that some shows will be better than others.
Some shows were total duds. In Salt Lake City there were maybe 29 people, and the venue was awful. Omaha was a huge venue but only about 30 people were there.

4. Sleep when you can, because the pace is unrelenting.
We had a stretch in the middle of our tour from about Madison to New York where we played shows nine nights in a row. It was pretty brutal. And between the shows we’d have promotional appearances like radio interviews.

5. Find your own creative outlet.
I retreated to my own music-making in the van, re-energizing by exploring my own music, apart from the band.

6. Don’t spend money on shoes, because you’ll get free ones.
Brands give you free things. Converse let us pick whatever shoes we wanted. Puma did the same thing. Everyone in the band came away with three pairs of new shoes.

7. Bring healthy food.
Granola bars, nuts. Don’t just eat what the venues provide or out at restaurants.

8. Pack lots of socks and underwear.
You run out of those fast. I did laundry like twice total on the tour. You get used to wearing dirty things.

9. Don’t get starstruck by celebrity fans.
[Singer] Michelle Branch is a big Cayucas fan. So is [actress] Evan Rachel Wood.

10. Read inspiring books.
I had a few books with me on Kindle that kept me energized: Orthodoxy by G.K. Chesterton, Gilead by Marilynne Robinson and Travels With Charley by John Steinbeck. They were nourishing to my soul.

If you’re reading this, it’s likely that your Biola days are already behind you. But consider passing this advice along to children or friends.

1. Start now. It is never too early to start preparing for college. Biola is looking for a good academic fit and a good spiritual fit. Maintain grades and choose the curriculum that best suits you in order to increase your admission opportunity and open the door to academic scholarships. Get involved in extracurricular activities, invest in your community and serve in your church.

2. Research and visit. Visit the website and ask questions. Find out the admissions requirements and get to know your dream school. Keep an eye out for Biola representatives at college fairs and maybe your high school. Join us for a visit event or campus tour. Visiting Biola is one of the best ways to see if it is the place for you!

3. Meet deadlines. They say that the early bird catches the worm. Always meet deadlines. Apply early and stay ahead of the game.

4. Prepare financially. Find out the cost of tuition and start saving now. Apply for outside scholarships and submit a FAFSA early. Talk to friends and family about supporting you financially and in prayer. Remember: God is much bigger than dollar signs, but he does not submit scholarship essays for us.

5. Dream big. Fear of the unknown often prevents students from aiming for a dream school. Take a step of faith and know that God has great plans for you!


Alyssa Morales (’11) is an undergraduate admissions counselor at Biola.
Oral clarity is different from written clarity. In written clarity, we have paragraphs to let us know when a new thought is coming. With written clarity, we can read it again if we didn’t get it the first time. With oral clarity, you don’t have paragraphs; you can’t stop the preacher to wind him back and give him another shot at it.

Oral clarity requires a whole different set of skills. For example, in oral clarity, you have to restate certain critical sentences in order for the listener to have time to lock on to them and to realize, “Oh, that’s an important concept.” For instance, if I say at the beginning of a sermon, “Have you ever obeyed God and had the bottom fall out of everything?” Now, if I’m going to restate that, I’d say, “Have you ever done exactly what God told you to do and had life fall apart?” I might even give it once more: “You did something that the Spirit of God led you to do — you knew it was the will of God, and you obeyed God — and you encountered the worst disaster of your life. Have you ever had that happen to you?” Now, I just said the same thing three times, and the listener thinks, “OK, I understand,” and they’re ready for me to go into some examples.

Identify 12 or 15 critical sentences through the course of your message. These are the sentences that have to stand out in the listeners’ ears in order for them to put the hunks of the message together. Identify those sentences and then say each one of them — when you come to it — two or three times with different words. Rephrase. Use synonyms. Find other expressions. But somehow, give them three shots. Before you move ahead in the message, “run in place” on that sentence two or three times. That way, the main points stand out and the listeners track the unfolding progression of the message.

Donald R. Sunukjian is professor and chair of Christian ministry and leadership at Biola’s Talbot School of Theology and author of Invitation to Biblical Preaching: Preaching the Truth with Clarity and Relevance. Find more of his preaching advice at talbot.edu/talbot-talks.

We live in a material world where each of us is controlled at some level by money. There never seems to be enough. We measure success and our sense of security in large part by the things it provides — homes, cars, clothes and portfolios … to name just a few. That’s why Jesus addressed the issue of money so much. He knew our natural inclination would be to come under its spell. So how do we find freedom from money? Give up. And here are five easy steps to do just that.

1. **Stop caring.**

   In Matthew 6:19–34, Jesus uses powerful words to expose what drives us to get our priorities wrong. He lays bare the fact that we value our money more than him, thinking it’s a source of greater security than he could ever be. That’s why he calls us out on our tendency to worry too much about the future, rather than placing our lives at Jesus’ feet. We need to start trusting — genuinely trusting — God for our future.

2. **Call it quits.**

   Stop treasuring stuff on earth. Remember the parable of the guy in Luke 12:15–21 who had a bumper crop and decided to build a bigger barn and store it up (read: hoard it)? What did God say to him? “You fool! This very night your life will be demanded from you … This is how it will be with anyone who stores up things for himself but is not rich toward God.” Jesus wants you to quit living for the here and now and instead live for eternity.

3. **Forget tithing.**

   We have this notion that if we tip God 10 percent of whatever we earn, the rest is ours to do with as we please. The problem is, according to one study, the average Christian household gives only 2.8 percent to charity. We’re not even good tippers! In the parable of the talents, Jesus makes clear that he owns it all, not just 10 percent. Stop parsing percentages and instead see every financial transaction as something that has eternal import.

4. **Spend wildly.**

   Revelation 3:14–22 is one of the roughest passages in the Bible. Jesus is angry, sick to his stomach and about to throw up. Why? Because his people have become lukewarm in their faith, living in a world of false spirituality because they have spent their lives accumulating wealth. Jesus’ recommended cure? To spend wildly on the things that really matter — things precious to God that will last for eternity.

5. **Stop serving.**

   When it comes to money, there is no middle ground. Jesus put it this way, “No one can serve two masters. Either he will hate the one and love the other, or he will be devoted to the one and despise the other. You cannot serve both God and Money.” Your relationship to money determines your relationship with God. And that’s why it’s such a big deal to Jesus. He wants your whole heart, not just part of it. So break free from the thinking that money can be what only God can be in your life.

Rick Dunham (’75) is the author of Secure: Discovering True Financial Freedom.
Always have a good stash of questions at the ready! People generally love to talk about themselves, and one open-ended question on just about any topic (hobbies, family, travel, etc.) usually gives way to subsequent questions. Approach people with a friendly smile and an interested heart, and one or two questions will more often than not spark an enjoyable conversation.

– Sue (Carson, ’79) Kimber, music office manager, Biola University Conservatory of Music

Have a great relationship with your subject. No one wants their photo taken by someone they think is a jerk.

– Andy Barron (’05), a Los Angeles-based photographer and graphic designer whose photos have been featured in Rolling Stone, SPIN, USA Today, Paste, Relevant and more. Find him at andybarron.com.

Be dependable by being the first to arrive and last to leave. Form your network by saying yes to anything that is realistic for you to take on. And be excellent by always raising the bar, watching the details and never doing “good enough” when you can do “amazing.”

– Carolyn Kim (’06, M.A. ’08), public relations and corporate communications faculty
Know your priorities, work diligently and always seek to finish well.

– Katrina Greene, associate professor of anthropology and intercultural studies

Practice good manners: table manners, addressing people respectfully, writing thank-you notes promptly. These little things matter and make a world of difference in your professional relationships.

– Claudia Huffine ('04), director of student transitions

Do your best to not worry and stress out about situations before they occur. Pray, do your best to prepare, then let go. I find that otherwise, I exert significantly more energy worrying about a situation than it is worth.

– Dorothy Alston Calley ('01), assistant professor of communication studies

Don’t feel like you have to discern what your lifelong career will be while you are still in college. I majored in computer science and worked as a software engineer for five years before I figured out that my place was in the field of psychology. It can be exciting (and often stressful) when the Lord leads you through unexpected twists and turns in your life journey.

– David Wang (M.A. ’06), assistant professor of psychology
1. **Love yourself enough to take care of yourself.** When you practice loving yourself enough to take good care of you, you will do the things necessary to become happier and healthier every year of your life. You will have success in aging!


3. **Laugh. Laughter is a natural stress-reducer.** Stress oxidizes good cholesterol into bad, but laughter releases chemicals in our bodies that drive away pain and fear, two negatives usually associated with old age. Laugh often. Even better: Laugh with friends. Friendship is the flagship of positive aging!

4. **Exercise and keep your feet in motion.** This is a two-parter: Daily exercise and daily foot health are extremely important in old age, especially for mobility and balance. Daily stretching exercises and walking are a must for aging well.

5. **Feed yourself well.** Learn about antioxidants, phytonutrients and essential fatty acids; consume them daily! You can fight internal inflammation (the healthy body’s No. 1 enemy) by eliminating food intolerances from your diet. A top evidence-based tool in the fight against internal inflammation is the ALCAT test. You can eat your way to health!

6. **Get your rest.** Sleep enough: seven or eight hours at night, in a dark room. Lack of sleep contributes to heart attacks, high blood pressure and internal inflammation.

7. **Floss your teeth.** Taking the time to floss is beneficial because that simple act of self-care will encourage you to more. Dentists who care for older and much-older adults agree: Floss for a better old age!

8. **Fight depression.** Depression is the No. 1 illness of old age; loneliness, loss and grief are all too prevalent in the aging process. Fight back! Seek grief resources. When our grandparents got lonely, they volunteered. Volunteer. Stay connected to others who benefit from your presence.

9. **De-clutter your space.** De-mess to de-stress! Organization of your possessions and papers will cause peace and patience to fill your life. Hire a professional organizer at www.napo.net if it overwhelms you on your own.

10. **Worship God.** Research shows that people who practice their faith, read religious writings and are part of a faith community have better immunities and fewer heart attacks and strokes. Because we are made in God’s image, our value is immeasurable; it is the reason that old age is positive and valuable and good.

**Di Patterson** [’04], MSG, CPG, is a noted gerontologist and creator of Success in Aging TV. Di is a pioneer in utilizing technology for promoting success in aging, with several National Mature Media Awards for her websites and the 2012 Orange County Outstanding Advocate, Gerontologist and Educator of the Year award from the Senior Care Hero Awards. Her book, *Life, Camera, Action!* is available at Amazon.com and her articles and videos are at DiPatterson.com.
CLEAN YOUR COFFEE MAKER!
This may seem obvious, but you’d be surprised at how many people let the days and weeks go by without cleaning their coffee maker. If you haven’t cleaned your coffee maker/utensil in a while, give it a good scrub and rinse and I promise you that your next cup will knock your socks off. Unless you love the taste of burnt dirt. If you love the taste of burnt dirt then do not clean your coffee maker.

USE FRESHLY FILTERED WATER.
I know, everyone says this, but think about it: Your final coffee beverage is over 98 percent water. Whatever is going on in the water will be going on in your coffee.

SPRING FOR GOOD BEANS.
There are so many great micro-roasters out there these days, so there’s no excuse to not get something awesome. If you spend a few extra dollars here, I promise you your cup quality will begin to skyrocket. Make sure it’s freshly roasted. If you’re worried about money, think about it this way: You get around 20 cups of coffee from a 12-ounce bag of beans. If you’re spending two bucks a pop at your local coffee house for the same size of coffee you could potentially pay $40 for a bag of beans and still break even. A few extra bucks is worth it.

BUY A GRINDER.
It’s an investment for sure, but even lower-end grinders will give you a step up in your coffee experience. The reason being is that once your coffee is ground, much more of its surface area is exposed to oxygen — the No. 1 culprit of stale, tasteless coffee. So, if you do get your coffee pre-ground, make sure you keep your bag incredibly sealed when you’re not diving into it.

SEEK PROFESSIONAL HELP.
Grind size, ratios, times and temperatures — these are all things that vary according to your specific brew method. Your local coffee house or barista (if they are worth their salt) will be able to give you general parameters to help get you in the ballpark for your specific method.

Andrew Phillips (‘03, M.A. ‘08) is co-owner of Rose Park Roasters, which roasts and ships fresh coffee beans from Long Beach, Calif., (and even delivers by bicycle within Long Beach). Learn more and order beans at roseparkroasters.com.
How Can We Treat the ‘Invisible Wounds’ of War?

It’s one of the most life-altering war wounds that a service member can experience, even though it doesn’t leave a scratch on the body: Post-traumatic stress disorder (PTSD) is a severe mental health condition that can take a tremendous lifelong toll on military veterans and their families — as detailed in two recent books from Biola authors.

And after more than a decade of military involvement in the Middle East, the disorder is on the rise. According to a recent Department of Veterans Affairs study, about 30 percent of the 834,000 Iraq and Afghanistan veterans who accessed VA health care over the past decade were diagnosed with PTSD. Facing the growing needs, the federal government in August launched a new $107 million research effort aimed at better diagnosing and treating PTSD and mild traumatic brain injuries.

What should we know about the disorder, and what can we do to help those whom it affects? To learn more, Biola Magazine connected with alumni Kelly Orr (Ph.D. ’78) and Welby O’Brien (’78), each of whom authored books this year on PTSD and military veterans.

A lot of people who are familiar with the term “post-traumatic stress disorder” may not have a good sense of what the condition actually involves. Can you give us an understanding of what life is like for someone with PTSD?

O’BRIEN: PTSD is rampant, rapidly escalating, and most people have no idea of how severely it affects those who have it — young and old, men and women — as well as all those around them who love them. PTSD can affect everyone, not just veterans. As a result of a severe trauma, they will live as if the impending crisis could reoccur at any moment. They live in constant fear. Braced. Adrenaline always switched on. Staying in that emergency mode 24/7 severely overwhelms the person’s ability to cope. When something triggers them — agitates and stirs up the trauma — they have no reserve with which to handle it in a healthy way as others might. Sometimes it takes all they have to just get up in the morning, and to just make it through the day.

What are some of the most common symptoms or behaviors associated with PTSD?

O’RORR: The most common symptoms and behaviors include intrusive thoughts and memories often referred to as flashbacks, emotional numbing, avoidance of reminders of the trauma and hypervigilance. However, equally important to recognize are other symptoms like physical fatigue related to sleep loss, nightmares or night terrors; panic attacks or difficulty controlling anxiety; the persistent state of high physical and mental alertness; inability to relax; self-isolation as a protective avoidance of situations or reminders; and the use of alcohol or drugs to self-medicate or block feelings, depression and suicidal thoughts or behaviors. These symptoms and behaviors as a whole or part make up the complicated picture of PTSD.

What sorts of experiences can cause PTSD?

O’BRIEN: PTSD can result from any severe trauma such as an automobile accident, an assault, tragic loss of a loved one, explosion, tornado, witnessing a horrific event or anything that is horrible and shocking or perceived as life-threatening. At that moment, the body (and the whole person) gets locked into emergency mode — fight or flight survival — and will always be in that emergency mode at some level for the rest of their lives. They will live as if the impending crisis could reoccur at any moment.

Because PTSD is an “invisible wound,” people may not realize just how many military veterans it affects. How widespread is PTSD?

O’RORR: This is hard to answer because many veterans do not report symptoms. In the general population, the prevalence of PTSD is approximately 7 percent. By contrast, in the military population, depending on number of combat deployments, traumatic brain injury,
physical injury and the presence of pain, the numbers range from 17 percent to 30 percent of all veterans from Vietnam to the current Operation Enduring Freedom/Operation Iraqi Freedom (OEF/OIF). Considering that for every affected veteran there is direct impact on at least three and as many as 10 immediate family members and friends, this means at least 4.5 million and as many as 15 million close family friends and members of the immediate family are affected. Pretty widespread!

As your books show, PTSD can take a tremendous toll not only on soldiers, but on their spouses and children as well. What are some of the significant difficulties that families face?

ORR: Probably the most difficult issue is reintegration and adjusting to this “different” person. Kids don’t know if this is a “good” day, or a “bad” day or if daddy is “sick,” so everyone walks on eggshells trying to avoid anything that would trigger an angry outburst, slammed doors, walking out or screaming. Of course, kids are kids and they make noise, so the explosions happen anyway. Wives report feeling exhausted, used up, angry, wanting to leave, tired of the “highly flammable” home life. Spouses, families, parents and children experience shock, confusion, hurt, anger, guilt, fatigue, fear; what is commonly known as secondary acute stress response.

What are the most helpful ways for veterans and their families to treat or cope with PTSD?

O’BRIEN: Part of what is so devastating about PTSD is that it isolates. People often feel so alone. And the irony is that it is connection and support that seem to be what they so desperately need. Bottom line, in the daily challenges of life, what works for me and those around me is connection with God and connection with others — faith and love — and good things start happening.

Can life ever go back to “normal” for people affected by PTSD?

ORR: Life has a way of changing what we all consider “normal.” The experiences resulting in PTSD change a person profoundly. In some ways it leads to maturity and a sober appraisal of life that could take years for others who have not experienced trauma. Assumptions about how life is “supposed to be” changes with PTSD. The key to recovery is in facing the loss and not avoiding the traumatic memories. In fact, PTSD appears to worsen with avoidance, so addressing the specifics of the trauma leads to reduction of emotional and cognitive reactivity and normalizing of life for the veteran or otherwise traumatized person.

We hear the term “new normal” used to express the way life is now for these individuals and families versus the way it was before the combat or trauma. None of the families we interviewed [for the book] liked that term and I don’t really like it either, because for many of these families “new normal” has the sense of stagnation. I think we all prefer the terms “pressing on” or “moving forward.”

What can all of us — whether as individuals or as church communities — do to provide support to veterans and families dealing with PTSD?

ORR: Veterans and their families need safe places and safe people. They need to know you are there for the long run, not just for the immediate crises. Church communities have the privilege to speak the promises of God into the lives of veterans and their families. I think God has entrusted the Christian community to initiate transformation, which takes time, truth and effort. This is a way to let the veterans and their families know their souls are secure and for believers to be the gospel in action, a “bridge,” directing them to Jesus, the divine healer. I like the term “bridge” because it represents a vital linkage to life-giving resources. There are many Internet resources available through the VA and Defense Centers of Excellence, but one I prefer churches and individuals to consider is the Campus Crusade for Christ division of Military Ministries program, Bridges to Healing Seminars, whose mission is to equip churches to minister to military members and families.

Is there anything we should be especially mindful of when it comes to observing holidays like Veterans Day, which is coming up soon?

O’BRIEN: These holidays can be very stressful to veterans and their loved ones, along with other “anniversaries” that can catapult them right back into the battlefield. Bottom line: Express gratitude for their service and sacrifices, and show respect, kindness, encouragement and support. Many are still wondering why they lucked out enough to come back alive. To be honest, many with PTSD wish they had not come back alive. The torment can be unbearable. Whatever we can do to show support to our veterans and the whole family will truly be appreciated, all year round.

*O’BRIEN: “If there’s anything I want to say, it is that there is hope, there is help, we are not alone. There will be a day when the veterans feel that they are again whole.”*
Did the Apostles Really Die as Martyrs for their Faith?

“Even though they were crucified, stoned, stabbed, dragged, skinned and burned, every last apostle of Jesus proclaimed his resurrection until his dying breath, refusing to recant under pressure from the authorities. Therefore, their testimony is trustworthy and the resurrection is true.”

If you have followed popular-level arguments for the resurrection (or ever heard a sermon on the apostles), you’ve likely heard this argument. Growing up I heard it regularly and found it quite convincing. After all, why would the apostles of Jesus have died for their faith if it weren’t true?

Yet the question was always in the back of my mind — how do we really know they died as martyrs? For the past couple years I have been researching this question as part of my doctoral dissertation. And what I have found is fascinating!

While we can have more confidence in the martyrdoms of apostles such as Peter, Paul and James the brother of John (and probably Thomas and Andrew), there is much less evidence for many of the others (such as Matthias and James, son of Alphaeus). This evidence is late and filled with legendary accretion. This may come as a disappointment to some, but for the sake of the resurrection argument, it is not critical that we demonstrate that all of them died as martyrs. What is critical is their willingness to suffer for their faith and the lack of a contrary story that any of them recanted.

Historian Michael Licona captures the key point in his book The Resurrection of Jesus: A New Historiographical Approach: “After Jesus’ death, the disciples endured persecution, and a number of them experienced martyrdom. The strength of their conviction indicates that they were not just claiming Jesus had appeared to them after rising from the dead. They really believed it. They willingly endangered themselves publicly proclaiming the risen Christ.”

Here are the key facts:

First, the apostles were eyewitnesses of the risen Jesus. When a replacement was chosen for Judas, one necessary criterion was that the person had seen the risen Lord (Acts 1:21–22). Paul and James the brother of Jesus were also eyewitnesses (1 Cor. 15:3–8). Their convictions were not based on secondhand testimony, but from the belief that they had seen the resurrected Christ with their own eyes. This makes the disciples’ willingness to die different from Muslim martyrs, who certainly sincerely believe in Islam, but base their belief on second-hand testimony.

Second, early Christians were persecuted for their faith. John the Baptist was imprisoned and beheaded (Matt. 14:1–11). Jesus was crucified. Stephen was stoned to death after his witness before the Sanhedrin (Acts 6–8), And Herod Agrippa killed James the brother of John (Acts 12:12), which led to the departure of the rest of the Twelve from Jerusalem. The first statewide persecution of Christians was under Nero (AD 64), as reported by Tacitus (Annals 15.44:2–5) and Suetonius (Nero 16.2). Although persecution was sporadic and local, from this point forward Christians could be arrested and killed for proclaiming the name of Jesus. And many of them were.

Third, the apostles were willing to suffer for their faith. This is certainly true of Paul, who recounts the suffering he endured, which included being whipped, beaten, stoned, shipwrecked, near starvation and in danger from various people and places (2 Cor. 6:4–9). Speaking for the apostles, after being threatened by the religious leaders, Peter and John say, “For we cannot but speak of what we have seen and heard” (Acts 4:20). The apostles are then thrown in prison, beaten for their faith, but they continued to preach and teach the gospel (Acts 5:17–42).

While the evidence of martyrdom is far better for some of the apostles than others, the evidence for Peter is particularly strong. The earliest evidence is found in John 21:18–19, which was written about 30 years after Peter’s death. Bart Ehrman, in his book Peter, Paul, & Mary Magdalene: The Followers of Jesus in History and Legend, agrees that Peter is being told he will die as a martyr. Other evidence for Peter’s martyrdom can be found in early church fathers such as Clement of Rome, Ignatius, Dionysius of Corinth, Irenaeus, Tertullian and more. The early, consistent and unanimous testimony is that Peter died as a martyr.

This does not prove that the resurrection is true. But it shows the depth of the apostles’ convictions. They were not liars. They truly believed Jesus rose from the grave and they were willing to give their lives for it.

Sean McDowell (’98, M.A. ’03) is a popular author and speaker, and the newest faculty member in Biola’s M.A. program in Christian apologetics. Find him online at seanmcdowell.org.
God in Slow Motion, by Mike Nappa (’89), Thomas Nelson, August 2013. Jesus had only three years of public ministry, but the Bible never tells us he was rushing through them. We rush through them. We can race through the Gospels in hours, fully briefed on Christ’s life, but hardly changed. In God in Slow Motion, Nappa takes 10 important moments from Christ’s life and revels in them, chewing on their words, comparing them with modern culture and allowing the Spirit to work. The result is a rich, personal and biblical narrative about Jesus and how his purposes unfold, then and now.

A Youth Worker’s Commentary on James, co-authored by David Nystrom (provost and senior vice president), Zondervan, September 2013. Written for youth workers, ministry volunteers and everyday people who want to probe deeper into the book of James, this book has the entire NIV biblical text of James printed alongside a deeply rich, yet readable, look into its meaning. The book includes dozens of word studies, with fascinating historical accounts and personal stories, followed by a large section of thought-provoking questions to get your students thinking and talking.

Minding the Heart: The Way of Spiritual Transformation, by Robert L. Saucy (distiguished professor of systematic theology), Kregel, October 2013. The heart is the place where God works to change us. But how does this growth take place? Renewing one’s mind through meditation, action and community can begin the process of change, but ultimately the final change can only come through a vital relationship with God. Drawing from Bible passages and scientific studies, Saucy demonstrates how Christians can achieve the joys of becoming more like Christ.

Embracing Shared Ministry: Power and Status in the Early Church and Why It Matters Today, Joseph H. Hellerman (professor of New Testament language and literature), Kregel, September 2013. The local church, Hellerman maintains, should be led and taught by a community of leaders who relate to one another first as brothers and sisters in Christ, and who function only secondarily as vision-casting, decision-making leaders for the broader church family. Hellerman interprets the biblical materials against the background of ancient Roman cultural values in order to demonstrate a social context for ministry that will provide healthy checks and balances on the use of pastoral power and authority in our congregations.

Reading the Christian Spiritual Classics: A Guide for Evangelicals, coedited by Jamin Goggin (’03, M.A. ’08) and Kyle Strobel (M.A. ’05), with contributions from professors Betsy A. Barber, John Coe, Greg Peters, Steve L. Porter and Fred Sanders, IVP, July 2013. Many evangelicals have come to discover the wealth of spiritual insight available in the Desert Fathers, the medieval mystics, German Pietism and other traditions. While these classics have been a source of life-changing renewal for many, still others are wary. This collection of essays provides a comprehensive and charitable introduction to the spiritual classics, suitable for both those who already embrace them and those who remain concerned and cautious.

Wesley on the Christian Life: The Heart Renewed in Love, by Fred Sanders (associate professor of theology), Crossway, August 2013. It is hard to overstate the significance of John Wesley’s legacy for the church today. As the founder of Methodism, Wesley’s theology continues to fascinate historians and energize Christians across denominational lines. From his revivalist enthusiasm to his teaching on Christian perfection, Wesley’s writings exude evangelistic zeal and a passion for faithfullness in all areas of life. Sanders provides a brief biographical sketch and explores Wesley’s take on the central truths of the faith and those doctrines that uniquely characterize the Wesleyan approach to spirituality.

SIX-WORD SUMMARY

Don’t just ask questions. Question well.
Shirley Houk (’52) of Arden Faith Baptist Church celebrated her 90th birthday on July 5 in Spokane, Wash. Shirley is the mother of five children, 12 grandchildren and three great-grandchildren.

Sheridan E. Mowrer (’64) is actively involved in several ministries in the Bay Area and serves as communion coordinator at Valley Christian Center in Dublin, Calif. Sheridan also distributes Gideon Bibles to motels and hotels in the Dublin area and works with the Biola Alumni Association in planning and hosting events in the East Bay.

Gary Williams (’67, M.A. ’73) is retiring from his pastoral ministry after serving at Twin Lakes Church in Aptos, Calif., for over 23 years. During his time of service, Gary started over 30 ministries at the church and helped bring in 350 volunteers. Now, Gary and his wife, Susie, are retiring to Tucson, Ariz., where they look forward to being close to their grandchildren and extended family.

Vincent Morgan (’69) recently published Psalm 119: A Handbook for Life, a workbook designed to get the reader to study, meditate on and absorb the teachings of Psalm 119, using color and font changes to delineate themes throughout the psalm.

Dennis Olson (’70) recently published The Church Needs a New Model through WestBow Press, a book that proposes a plan for churches to address the need for discipleship.

Rich Green (’76) recently published the book Collision With Life: A Fresh Look at an Ancient Parable, a novel written for those of all ages who have strayed from the faith and need a gentle prod to get back on the right path.

Daniel and Nancy (Pearson, ’76) Zook were married in a family ceremony on July 21, 2013. The couple met in January through Nancy’s parents, were engaged on July 4 at Depoe Bay, Ore., overlooking the ocean, and married two weeks later during a pre-planned family reunion.

The celebrated with a reception on Oct. 5 at their church in Portland, Ore.

Zane Johnston (’79) recently retired after a 30-year career in local government fiscal management. Zane spent 27 of those years as the finance and administrative services director for the city of Tracy, Calif. In recognition of his dedication, the Tracy City Council named a wing of the Tracy City Hall in his honor. Zane plans on continuing public speaking in retirement with two presentations, “The Top 10 Ways Cities Waste Money,” and his anti-bullying speech, “I Was the Most Popular Unpopular Kid.”

Patty Morris (’79, M.A. ’04) just reached the milestone of serving the Lord for 30 years with Encompass World Partners in France. Patty’s ministry includes serving as the Europe/ France administrator and as the assistant to the Encompass Europe regional director. Patty, along with her triplet sisters, Betsy Morris (’79) and Margie Morris (’85), recently purchased their family home in Norwalk, Calif., where they were raised with their three older siblings. All three of the Morris sisters have served on the mission field.

Sheryl Giesbrecht (’80) recently published the book Get Back Up: Trusting God When Life Knocks You Down, in which she shares her personal story of triumph over tragedy to help readers understand they can not only survive their adversities, but also thrive.

Keith Simpson (’81) recently published two books, American Essays and Darwinian Religion. Both books were published through Trail Media, a new publishing company founded by Dana S. Chisholm (’02) for new Christian authors.

J. Gregory Behle (’82) was honored as professor of the year at The Master’s College for 2013. He also recently published the chapter “Educating the Toiling Peoples, Students at the Illinois Industrial University, Spring 1868,” in the book Land-Grant Colleges and the Reshaping of American Higher Education.

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ALUMNI FILES

Help Wanted: Alumni Mentors and Advice-Givers

For those of us who have not only graduated from Biola but have also sent our children through the school, we know how great an influence our faculty and staff can have on the growth of skills and knowledge in our students.

And while many schools can prepare students for a career and provide the technical skills to succeed in the boardroom, classroom or emergency room, far fewer can also prepare students to succeed with the integration of faith and learning — giving students the knowledge of how Scripture says we should perform our business as ministry. In this arena, Biola shines. There is no doubt about it: Biola’s faculty members, in all academic programs, are experts at preparing competent and courageous graduates who serve with excellence in their careers.

However, one of the great challenges for all of higher education is taking that great preparation that happens in students’ minds and character, and ensuring that it results in actual success in the marketplace. When parents are asked, “What one thing will make the cost of education a good value after the graduation of your child?” the number one answer is “hirability!” Will my child be able to find work after they graduate? And not just a job, but a good job and career?

With this in mind, Biola is launching a renewed effort to partner graduates with current students through mentorships and career networking; we want to be even more successful at giving students an advantage in the career search. The University’s Student Alumni Association has long been a program designed to serve the needs of students while they attend Biola and begin to get them used to a partnership with the alumni office. Now we want to take that program a step further and get them used to a strategic alliance with the graduates of the university. We are seeking to match current students in the Student Alumni Association with graduates in their same field of study, to provide advice, wisdom and direction as they graduate.

When you think of schools with the best networks, you think of schools where graduates can gain advice and career direction from alumni — helping them to get placements, avoid pitfalls and learn from experience. That’s what we are planning for students, and what we hope you will do with us.

There will be plenty of opportunities that fit your schedule and interests. If you would like a one-on-one mentorship we will help match you up; if you want to serve on an alumni panel, we will use you as a resource; or if your schedule only allows for a short conversation with student candidates in your place of employment, we will help make that happen. But we know this can radically change the lives of graduating students … and yours as well!

If you are interested in knowing more about the mentorship and networking program, go to biola.edu/alumni and check out the “Mentor Programs” section. For together, we are Alumni for Life!

rick Bee (’79, M.A. ’90, Ph.D. ’01) is senior director of alumni relations. Email him at alumni@biola.edu or call (562) 903-4728.
Kurt Bruner (’90) recently co-authored a dystopian novel, Fatherless, with James Dobson. The first in a planned trilogy, Fatherless vividly imagines a future in which present-day trends come to sinister fruition. The second and third books in the series, Childless and Godless, will follow at eight-month intervals. Childless will be released in October 2013.

John and Karen (Branner, ’90) Tannous are celebrating their 12th year of serving as missionaries to China. The couple has been caring for the poor and underserved people of the country by running a charity medical clinic in Kunming, China. John and Karen have two sons, Daniel and Jonathan, and two daughters, Elizabeth and Sarah, the youngest of whom was adopted from China.

Steve (’91) and Melissa (Smith, ’91) Sewell reside in St. Joseph, Mo., where Steve is a chaplain for Crossroads Hospice and a frequent teacher and speaker in churches. Steve also is a presenter and facilitator of grief workshops and pastoral care seminars, and he works with churches and leaders in transition with the Foursquare denomination. Melissa is a para-professional at one of the local elementary schools working with children with special needs. Their four children range from ages 11 to 18.

Dave and Kristi (Stark, ’93) Grimm recently released a new children’s book, Diabetes and Healthy Eating, in partnership with celebrity chef Charles Mattocks. The book is designed to allow parents to creatively help their young children, and other members of the family, learn about healthy eating and the prevention and control of diabetes. Follow the Grimms at mommytellmeastory.net.

Emily-Anne (Hall, ’99, M.A. ’02) Benavides was recently awarded the honor of educator of the year at Carr Intermediate School for her work with middle school and junior high school students.

Dan (’96) and Trixie (Jennnewein, ’97) Howden thank the Lord for daughter Moira Anneliese, born on March 11, 2013. Moira is especially loved and doted on by big brothers Thatcher, 10, and Kuyper, 2, and big sisters Liesl, 8, and Cosette, 5. The Howdens live in Harbor City, Calif.

Louima Lilite (’99), an assistant professor of music at Oklahoma Baptist University, recently published two books through Winepress Publishing. Weeding Impatience: Growing in Patience focuses on the plague of instant gratification and the need for Christ-followers to counter its crippling effect on all areas of life. The second, When Music Meets Faith: Reflection on Musical Terms for a Deeper Faith, is a devotional book that helps individuals integrate faith into all areas of their lives.

Colin (’01) and Liz (Langenwalter, ’03, M.A. ’06) Anderson announce the birth of their third daughter, Lauren Elizabeth Cora Anderson. Big sisters Emily and Katherine love having a new baby sister. Colin is currently stationed at Camp Pendleton, Calif., as a Navy chief petty officer. Liz is a full-time mom.

Daniel and Rebecca (Firman, ’03) Scott were married on July 15, 2011, at Calvary Chapel Yorba Linda. The Scotts live in Brea, Calif., and attend EV Free Fullerton. Rebecca is a management analyst for the City of Cerritos and Daniel coaches cross country and track for Sunny Hills High School and is also working on his teaching degree.

Steven and Ruby (Burgan, ’03, M.A. ’05) Lin welcomed their second child, Norah Ann Lin, on Nov. 22, 2012. Ruby is currently working as a part-time adjunct professor in Biola’s School of Education and Steven is a webmaster at USC.

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Cronuts for Christ
The first local cafe to debut its version of the pastry craze “cronut” (a croissant-donut hybrid) also happens to be a ministry-based coffee shop owned by Biola history professor Scott Moffatt. The outreach-oriented Cafe 109, which opened in late August, is staffed by current Biola students and aims to build relationships in the community and support mission efforts (profits will go to Christian mission organizations). Cafe 109’s coffee also has a Biola connection. It is from Rose Park Roasters, the Long Beach, Calif., roaster co-owned by Andrew Phillips (’03, M.A. ’08), featured on page 27.

Did You Know?
Biola has a featured Pinterest Board called “Where Are They Now?” where you can explore the careers of more than 175 alumni. Check it out at pinterest.com/biolau/where-are-they-now

When Christina (Lando, ’99) Stoimenova was a Biola student, the idea of missionary work intimidated her. She knew only that she wanted to go into ministry. But a summer trip to Ukraine with a team of Biola students changed her life. As an orphanage volunteer, she was stunned by the kids’ need for love. “They literally clung to us,” Stoimenova said. “We’d have to tear them off of us in order to leave.” After graduating, Stoimenova lived in Ukraine, continuing to work with orphaned children. She moved to Bulgaria in 2004 because of the even greater need for orphan care in that country. Stoimenova and her husband, Spas, now work for Global Outreach, providing education and Sunday school to neglected children. The Stoimenovs, who have two children of their own, Joanna, 4, and Abigail, 2, are also raising funds to open a Christian home for young orphans through the Smile Bulgaria Foundation, where Christian house parents will create a loving environment and help build a foundation to lead productive lives. Stoimenova said her family will stay in Bulgaria as long as God keeps them there. “We plan to be there until we’ve worked ourselves out of a job,” she said. Learn more about Smile Bulgaria and how to support the Stoimenovs’ ministry at smilebulgariafoundation.org.
BIO LANS UP CLOSE

Monica Busch (’07)
Making Facebook a great place to work

Monica Busch works for the world’s largest social networking company, and it’s her job to help make sure it’s also one of the world’s best places to work. As a member of the “People Growth” team at Facebook, Busch has spent the past several years building and pioneering tools and programs aimed at helping new hires transition and acclimate to the company.

Busch’s impeccable work ethic was apparent even during her undergraduate years at Biola. Not only did she graduate with a bachelor’s degree in communication and a double minor in Christian education and biblical studies, she also managed to do it in just three years — all while being involved in multiple on-campus ministries and maintaining a job.

She recently shared her story with Biola Magazine.

My whole life people have always called me “Miss Monica,” and there was no exception to that at Biola. It’s funny because even in college when I thought I was an adult, my professors all got around to calling me “Miss Monica.”

I often make myself take 8 a.m. classes so I’d have to start my day early, because I was taking so many classes and involved in so many things. Which meant I was sleep-deprived. While I was taking Theology 1 with Dr. Thoennes, I’d make myself sit in the front row and multiple times during the semester, Dr. Thoennes would come up to me after class and say, “Thanks for fighting the good fight today,” because he knew I was fighting to stay awake in his class.

I was trying so hard to find jobs after I graduated. I was sending out resumes, and I wasn’t hearing back from anyone, and then God opened a series of doors that landed me my job at Facebook.

I started out as a conditional worker doing administrative stuff in human resources. It was tough because, at the time, the work I was doing was not very engaging, but I learned that every job is a gift and an opportunity from God. I try to see that any time I’m doing my work, it’s for the Lord.

At the time I started, we had 320 employees and 50 million users. Today we have 5,000-plus employees and 1.15 billion users. I was hired full-time to build an onboarding program since we knew we’d be growing a ton moving forward. While in this role, I built tools, teams and processes to support onboarding new hires from the time they verbally accepted a role to the time they were sitting with their actual teams.

My new role is to make Facebook the best place to work. About four years ago I started on a new team. At the time we were called Culture and Communication. Today, we’re called People Growth. The team has evolved over the years to take on various aspects of making Facebook an amazing place to work.

I’ve gotten to do more in the past six years at Facebook than many get to do in their entire careers. I started shortly after graduating from Biola with little to no relevant experience. During my time at Facebook, I’ve gotten to co-develop tools for performance management and onboarding, implemented our contingent workforce management program, ran our employee engagement survey for years and just recently gave it a major overhaul.

Being a Christian at Facebook, I’m often surrounded by people with different worldviews and beliefs. Because sharing your opinion is highly valued at Facebook, there are times that people share strong opinions in opposition to what I believe (which, of course, can be challenging). At the same time, I’ve had tons of opportunities to have open conversations with my co-workers about my beliefs.

I view Facebook as my primary mission field and God has opened doors throughout the years for me to share my faith and be Jesus to my co-workers. Being so open about being a Christian at work brings a very high level of accountability. Most days as I drive to and from work I listen to podcasts of sermons. God often uses them to prepare me for what that day will bring. Despite my best efforts, I am constantly reminded of my desperate need for a Savior.

I think that it’s pretty clear in Scripture we are to care for the weak and for those who don’t have a voice for themselves. My husband and I care a lot for orphans and widows, and we try to be intentional about supporting organizations focused around clean water and human trafficking.

Danny (my husband) and I hope to adopt through the foster-adopt program someday. As we’ve started researching adoption, we’ve been discouraged by the apparent lack of resources in the Bay Area. So maybe one day, post-Facebook, I’ll start a nonprofit to raise awareness and provide resources for families considering foster care or adoption.

ABOUT THE ILLUSTRATOR

Kevin Burch (’12) is a graphic designer and illustrator based out of Grand Rapids, Mich. He is employed at Concept A and got married to his beautiful wife in October. Find more of his work at cargocollective.com/kvnbrch.
Josef (’04) and Jessica (Barrett, ’01) Simpson joyfully announce the birth of their daughter Evelyn Adrian Barrett Simpson, born on June 7, 2013. She joins her big sister, Eleanor, 3. The Simpsons live in the Washington, D.C., area. Josef is a Ph.D. student in the philosophy program at Johns Hopkins University and Jessica is an analyst at the U.S. Department of Education.

David and Katie (Mitchell, ’04, M.A. ’09) Staggs were married on Dec. 12, 2012, in San Mateo, Calif. Katie recently completed her seventh year teaching history at Notre Dame High School in Belmont, Calif., and will begin teaching at Whitney High School in Rocklin, Calif., in August. David serves in the Air Force and is stationed at Beale AFB. They live in Lincoln, Calif.

Aaron (’05, M.A. ’07, M.A. ’08) and Kristin (’07) Sellars celebrated the birth of their fourth child, Hudson James, on March 14, 2013. Hudson was welcomed by siblings Mackenzie, 5, Wesley, 4, and Madelyn, 2. They live in Irvine, Calif., where Aaron works in sales and serves as executive pastor at The Village Church of Irvine. Kristin works hard as a stay-at-home mom.

Josh (’06) and Hannah (Woodside, ’05) Hause welcomed Addison Grace Hause to their family on March 22, 2013.

David and Leah (De La Rosa, ’07) Hoffer are excited to announce the birth of their long-prayed-for daughter, Lily Louise, who was born on May 9, 2013, and joins her big sister, Jackie. Leah was a middle school teacher at Cornerstone Community School but will now be a full-time mom in Trabuco Canyon, Calif.

Emily Pohl (’07) recently accepted the position of regional program development officer for West Africa with Samaritan’s Purse. She lives in Niger, where she works to develop the organization’s relief and development programs in the west and central Africa region.

Jeff (M.Div. ’06) and Robin (Kilfoyle, ’03, ’07) Jennings are blessed to announce the arrival of their second daughter, Margaux Louise, born Feb. 7, 2013, in San Luis Obispo, Calif. Margaux is adored by her older sister, Evangeline, 4. The Jennings are currently on staff at Grace Church SLO, where Jeff serves as pastor of college and growth groups.

Andrew and Emily (O’Dell, ’07) Fossen were united in marriage on June 1, 2013, at All Saints Church in Chevy Chase, Md. Following their honeymoon to the British Isles, the couple resides in Falls Church, Va.

Jonathan Morrow (M.A. ’07, M.Div. ’07) was recently appointed director of creative strategies for IMPACT 360, an academic gap-year experience with the mission of equipping members of future generation to become Christ-centered servant leaders. In this role, Morrow will design and implement new ways to take the IMPACT 360 experience and content to people beyond the Pine Mountain, Ga., campus. Visit impact360.net for more information on the program.

Carrie Allen (’08) graduated from the University of California, Berkeley, with a master’s degree in social work. She works at a Bay Area hospital as a medical social worker and is a volunteer staff member with Campus Crusade for Christ (Cru at Cal) UC Berkeley. She blogs at www.thetwocities.com alongside other Biola alumni.

Allison Case (’09) recently self-published a book for single women called The Wall. It weaves through the wall passage in Song of Solomon 8, following “what I hope is some deeper dialogue for today’s single women,” she said.

Alex Miranda (’09) married his sweetheart, Noel Saunders, in July 2013. Miranda also began a new career as a creative director at Blend IMC, a marketing firm based in Madison, Wis.

When Mark Alan Williams (’78, M.Div. ’81) joined the board of Dynamic Church Planting International in 1996, their vision was to train leaders of 1,000 churches. But God multiplied their efforts — and today DCPI (dcpi.org), located in Oceanside, Calif., has provided training to leaders of an estimated 173,726 churches around the world, in 30 different languages. Williams serves as vice president, where he develops training materials to guide leaders in planting churches. The training is provided free to church planters — DCPI is funded through giving. “We give it away, trusting God to provide for us,” said Williams, who graduated from Moody Bible Institute in 1976 and was named Moody’s Alumnus of the Year in 2010. He also completed a doctorate of ministry at Fuller Theological Seminary in 1990. Williams has also authored three books: The Dynamic Daughter Church Planting Handbook, The New Dynamic Church Planting Handbook and Winning The World For Christ: The Untapped Potential Of Mother-Daughter Church Planting. “The church is the bride of Christ — so we want churches to give birth to daughter churches,” Williams said. Williams and his wife, Carolyn (’80), have three children: Gabriel, 31, Daniel, 27, and Benjamin, 24. Learn more about Mark’s ministry at www.markalanwilliams.net.
Phil (‘09) and Megan (Orr, ‘09) Martin joyfully announce the birth of their second child, Caeden Joel Martin, who was born on Nov. 17, 2012, in San Diego, Calif., and is much adored by his big sister, Chloe. Phil and Megan celebrated four years of marriage in July 2013.

Chris (‘10) and Rachel (Zander, ‘11) Challender were married on May 25, 2013, at Chris’ parents’ house in Valley Center, Calif. The couple lives in San Marcos, Calif.

Dan “He-Dan” Harrison (‘10) won his professional card in the sport of Strongman in 2010 and has competed in Japan, Russia and all over the United States. He has also competed in arm wrestling and powerlifting. Beginning Aug. 18, 2013, he is living in Japan to work as an English teacher in the public schools. He looks forward to whatever adventures God has planned for the rest of his life.

Mary Kay Park (Ph.D. ‘10), in addition to teaching intercultural studies courses at Biola, assumed the role of managing director at FEBC-Korea Department (Far East Broadcasting Company) as of June 1, 2013. She oversees FEBC-Korea’s Los Angeles office operations, including media production, fundraising, donor relations, finances, programming, community liaison and more.

James (‘11) and Alexandria (Rivera, ‘10) Weaver were married on Dec. 8, 2012. The couple met in high school but didn’t become close friends until James graduated from Biola and moved back home to the San Francisco Bay area.

Kristofer (‘11) and Lisa (Schnittker, ‘12) Cohen were married on June 29, 2013. They met their first week at Biola in Foundations of Christian Thought, when professor David Horner said, “You never know, your future spouse may be sitting in this room.” They look forward to living in Fullerton and investing into the city.

Alain Datcher (‘11) spent the summer on Capitol Hill in Washington, D.C., as part of the Congressional Coalition on Adoption Institute’s Foster Youth Internship program. This summer-long assignment provides individuals who have spent time in the United States foster care system with an opportunity to intern in a congressional office and share their experiences and perspectives with policymakers in Congress. Datcher interned in Sen. Tim Kaine’s office.

Joe Miller (D.Min. ‘11) recently released the book More Than Cake: 52 Meditations to Feed Your Teams, a compilation of 52 devotionals that take on issues of church, culture and theology in a way that will engage your team in a full-orbed discussion of life.

Michelle Onuorah (‘12) recently published Type N, a novel about an 18-year-old woman, Nicolette Talloway, who becomes the target of a worldwide manhunt because of her blood type. Learn more about Michelle at www.michelleonuorah.webs.com.

David and Mari Clark (‘13) welcomed their daughter, Maple Liora Clark, into the world on June 14, 2013, in New Hartford, Conn.

Continued on page 38
IN MEMORIAM

John Wuthrich (’41, ’43) passed away at age 95 on June 24, 2012. A farm boy from Kansas, he met and married fellow Biola student Lois Harris (’43) and received additional degrees from Westminster College and Southwestern Baptist Theological Seminary. John served as a pastor in East Los Angeles for four years until bad health required him to leave the pastorate. But John’s life was still full of ministry to others. He was a committed church member, serving as elder, song leader, choir member and custodian. While living in La Mirada, John and Lois generously helped many Biola students with needs and opened their home for fellowship. They supported many Christian organizations and missionaries.

Jeffrey George Enas (’48) passed away on June 13, 2013, at his home. He was 87. Born in 1925 in Berkeley, Calif., Enas graduated from Berkeley High School in 1943 and attended Biola University and the University of California, Berkeley. In 1955, he married Dorothy Marion Gilmore, who preceded him in death in 1996. While in the U.S. Army, Jeffrey served on the front line in Germany during World War II. He worked as a chemist for Shell Oil Company in Emeryville and during World War II. He worked as a chemist for Shell Oil Company in Emeryville and Modesto, Calif., for over 30 years until his retirement in 1987. Enas was a member of Westminster Presbyterian Church. His family was his first priority and he was a devout Christian and student of the Bible, history and theology.

Betty (Babbitt, ’50) Griffith Jantzen died on June 10, 2013. She lived her last 20 years at Atherton Baptist Homes and never retired as a Christian. At a young age, she prayed to marry a pastor or missionary. God gave her one of each: Her first husband was Pastor Wilbur Griffith (’50) and after Wilbur’s death, she married Aron Jantzen (’31), a retired missionary to India.

Francene Smith (’51) passed away on June 2, 2013, after a brief battle with cancer. Born on June 4, 1930, in Fresno, Calif., Francene was the second of three children born to John and Thelma Posten. After moving from Fresno to Southern California to attend Biola, Francene married and lived in Torrance, Calif., for over 60 years. She was involved in the Torrance Unified School District and the Torrance First Baptist Church.

Ruth Doern (’56) went to be with her Lord on Jan. 5, 2013. She was a secretary for the deputy district attorneys at the Juvenile Justice Center in Portland, Ore., until her retirement in 1988.

Lesha Myers (M.A. ’05) went to be with her Lord and Savior Jesus Christ on June 29, 2012. Lesha was a member of Trinity United Reformed Church, and she was the English department chair of Chinese Christian Schools. She was a graduate of the University of Minnesota and obtained her master’s degree in education from Biola. Lesha was a great wife and mother, a leader in the home school community, the founder of Cameron Academy and an accomplished author of such books as His California Story: In Christian Perspective and Writing Research Papers: The Essential Tools.

WHERE ARE THEY NOW?

Bianca Oros (’06) thought she was leaving the United States for a couple of weeks. A Canadian citizen, Oros had been serving as communications director for Living Hope Baptist Church in Whittier, Calif. As her visa was expiring, Oros went back to Canada in January 2011 — and was told at the border that she could not return to the States. “It completely rocked my world,” said Oros, who stayed in Canada, looking for work, until her sister and brother-in-law invited her to stay with them in Zurich, Switzerland. There, at a business prayer meeting, she heard of a position at Zurich Insurance. Now, Oros works as communications coordinator and executive assistant to the head of communications for Global Life, a branch of Zurich Insurance. She handles event coordinating and internal communications for company employees. Oros said the sudden life change has shown her that God is in control. She is grateful for the core values of the workplace, even with its hectic pace and long hours. “You’re expected on a daily basis to act with integrity and to work with integrity,” she said. “I strive for integrity every day and I’m happy that it’s actually part of the mandate.”

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Why Doubt Can be a Blessing

There is a live question among Christians regarding the place of doubt in the life of faith. Karl Barth identifies two forms of Christian doubt: one innocuous, one dangerous, but both negative. While I think Barth rightly identifies two ways doubt can go wrong, any student of Pascal will argue that there’s also a way that learning to doubt well can bless the life of a believer.

Barth divides the experience of doubt into two types, which I’ll call intellectual and existential doubt. In the first case, a theologian, because he’s doing analytical work on Christian doctrines, reaches a moment where he’s pulled his theology to pieces and isn’t sure how the pieces go back together again. This kind of doubt, Barth says, isn’t something to worry about. It’s a natural consequence of analytical work, and provided we don’t “slack” and fail to put the pieces back together again, we’ll be fine.

A person who never entertains doubts, even about her most closely held beliefs, cannot really be said to be believing them well. This is why whenever I teach Hume’s Enquiry to my students, I try to make them worried about even the simplest relationships of cause and effect. One of my jobs as a teacher is to move beliefs from the “unreflectively accepted” category to the “thoughtfully concluded” category.

Barth’s second type, existential doubt, occurs when the theologian starts to wonder whether theology is worth doing at all, a doubt that seems more akin to despair than uncertainty. This despair might occur as he becomes overwhelmed with the problems of the world or the brokenness of the church on earth. It also might occur because of the theologian’s personal life, because he is either performing a faith he doesn’t believe, or devoting himself to theology to the point that he is no longer living in the world.

Barth argues that this kind of existential doubt is wholly negative, always the work of Satan. This is interesting, given that Barth also advises every theologian to expect exactly this kind of attack. God does not create doubt in the life of the believer, but in every believer, God allows the satanic temptation to doubt. One thing the church has been doing a better job of recently is teaching Christians to expect experiences of doubt.

One thing the church has perhaps been doing poorly, Barth notes, is mistaking confidence for shallowness, and doubt for depth. Kierkegaard talks about this kind of attitude in Fear and Trembling: the assumption that doubting is the first step to being a real intellectual. Kierkegaard spends the rest of the book firing back a different message: It’s not doubting faith that’s deep; it’s believing in it. The kind of constant reverent faith we associate with grandmothers isn’t simple, Kierkegaard argues; it’s the hardest thing in the world. Rather than despising it and glorifying our doubts, we should stand in awe and wonder at the greatness of that real thing, faith, when we see it.

So for Barth, doubt can be a useful intellectual tool for examining beliefs carefully. Otherwise, it is an attitude of hopelessness in the light of communal failings or personal hypocrisy, in which case it’s dangerous, especially if the doubter finds her own doubts impressive.

I want to suggest that there’s a third type of doubt not mentioned by Barth. This is a type of existential doubt not founded in hypocrisy or despair, but in an accurate understanding of human fallenness. If used correctly, this doubt can lead us further into knowing God and ourselves.

For Pascal the first rule of human thought or behavior is that we are not what we were meant to be. God did not create us to live lives shrouded by doubt, but sin has distorted the faculties that give us knowledge. That means that understanding who I am according to the Christian story means understanding that I am, fundamentally, fallible. I know that my desires can distort the way I see the world. I know that my reason can become prideful and dogmatic, and lead me into error. So for Pascal, doubting myself is sometimes just good common sense. It’s thinking rightly about my own limitations in light of the distorting effects of sin.
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CHASE GYMNASIUM

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A Christmas festival of sacred music, Scripture and pageantry for the entire family
*Featuring over 200 student musicians and actors*
With special guests: The Southern California Children’s Chorus

**TICKETS**

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Tickets may be purchased online, at the Conservatory, the Biola Bookstore or at the door.
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